

Clara Barton

“This conflict is one thing I've been waiting for. I'm well and strong and young - young enough to go to the front. If I can't be a soldier, I'll help soldiers.”

Clara Barton was a pioneering American nurse who founded the American Red Cross. She helped bring supplies and medical services to soldiers on the battlefield during the Civil War, earning her the nickname, Angel of the Battlefield. Learn more about Clara Barton in this monthly patch!

Complete 3-Daisy, 4-Brownie, 5-Junior, 6-Cadette, and 7-Senior/Ambassador steps to earn your patch.

All monthly patches are custom designed patches. Once we get the final number of patches after the 15th of each month, we place an order. Patches take about a month to create and then we mail them to you. You will get a confirmation email once the patches are headed your way.

Order patch on-line by July 15, 2020 at www.getyourgirlpower.org

Discover

1. Clara is best known for her involvement with the Civil War. She saw a need to provide items such as food, clothing and medical supplies for the soldiers. As the war went on, not only did she gather supplies, but she realized that where she was needed most was on the battlefield. She got permission from the government to go to the battlefields and bring her supplies and medical services; from then on she was known as Angel of the Battlefield. How have medical supplies changed since the Civil War? What do doctors and nurses use today that they may not have had back then?
2. Clara is described as having a “heart for service” what do you think this means? Do you have a heart for service? And how does your involvement in Girl Scouts help you discover

your love of service? What have been your favorite community service projects you have worked on in Girl Scouts, and why? Discuss with your troop/family.

3. Many know the American Red Cross as a place where you can donate blood, but they do so much more than that. Do some research on the American Red Cross. Learn about their mission and values, and the many ways they help people. Discuss with your troop/family what you have learned. What is one thing that the Red Cross does, **that you didn't know** about before?

4. Not only was Clara Barton a nurse during the Civil War and the founder of the American Red Cross; **she was an advocate for women's rights. As young as age 17 she fought for** equal pay to be a teacher, equal pay in her job at the federal government, and was doing things that was unheard of for women to do, such as going to the battlefield to help during the war. What qualities do you think Clara had to have to do all of these ambitious things? After the war Clara wrote in a letter to a friend, "**The door that nobody else will go in at, seems always to swing open widely for me.**" What do you think this quote means? Discuss with your troop Clara's efforts to fight for women's rights.

Connect

5. Clara Barton established basic first aid training at the Red Cross. Did you know that each Girl Scout level, starting with Brownies, has a First Aid Badge that you can earn? Check out the steps to earn the badge for your level on the Badge Explorer Website. If you have already earned this badge, now would be a great time for a refresher and to make sure that your first aid kits have all of their supplies! What situations at Girl Scouts, school, or home have you used some of your first aid knowledge?

https://www.girlscouts.org/en/our-program/badges/badge_explorer.html

6. A fun fact about Clara Barton is that she liked wearing bold colors, especially red! She once said red is her color. What is your color? Do you have a signature color that you like to wear often or that you display in your room décor? Why have you picked this color as your signature color and what do you think this color represents about your personality? Discuss with your family and friends, find out what their signature color is too!

7. During the Civil War many field hospitals had to bandage up soldiers without the proper supplies, a substitute that was often used as a bandage was a corn husk. This reminds me of how people are being resourceful in making masks during the COVID-19 crisis. Instead

of using and taking away from the medical supply of masks many people are making their own. What have you seen some masks made out of? Why is this important?

- P.S. Check out the Take Action Step 9 on how you can make your own mask out of fabric and earn an additional patch!

8. As mentioned, Clara was nicknamed Angel of the Battlefield because she brought supplies to overwhelmed doctors during the Civil War. Today you may be practicing social distancing to help stop the spread of COVID-19; which is also helping to prevent doctors from becoming overwhelmed by the amount of patients in the hospitals. Being away from friends and family, and missing events can be hard during this time; come up with a plan of activities you can do to stay busy. Completing this monthly patch could be one of them, we also have lots of activity options on our Sparkle and Shine webpage (linked below) What other activities would you like to do during this time? Play board games with your family, read a new book, learn yoga, paint, organize your room, Facetime with your friends? It can be helpful to make a list that you can refer to anytime you are bored, so you have activities ready to do. Make your list (**bonus points if it's extra colorful and creative**) **and post it in your room so it's easily accessible!**

<https://www.getyourgirlpower.org/en/about-girl-scouts/our-program/girlscoutsathome.html>

Take Action

9. Be like Clara and help those on the front lines! We know Girl Scouts want to help during the COVID-19 crisis. We have put together a how-to video (link below) for facemasks that are in great need. Before you start this project - contact your local hospital, **doctor's office** or health provider to let them know you want to donate homemade facemasks. Ask if they have any specific requirements and coordinate a date, time and location to drop them off – adults should drop off masks to be donated. Be sure to follow the guidelines of COVID-19 safety. Check out more information and how to order the face mask patch by clicking the link below.

<https://www.getyourgirlpower.org/en/about-girl-scouts/our-program/girlscoutsathome.html#facemask>

10. Do something to brighten a health care/essential workers day! You could make cut out hearts to put in your windows as a symbol of hope, write cards to say thank you, or donate Girl Scout Cookies! Have you heard about the Eat, Share, Show We Care Program? Check out the link below for more information. We would love to see pictures of how you



are doing something to brighten a health care/essential worker's day, please send them to kpygott@girlscouts-gsci.org or post on social media with the hashtag #GSCIShinesOn. If you make your post public, we may feature it on the Girl Scouts of Central Illinois Facebook page.

<https://www.girlscouts.org/en/cookie-care.html>

11. If you are 17 or older (16 with parent consent) you are eligible to donate blood to the American Red Cross. However; if you are not yet that old there are other ways you can help. The Red Cross has a page call Red Cross Youth with tons of resources on how you can help, and even fun social media contests to promote awareness. <http://redcrossyouth.org/>